

## Notes

### Paul Harris Fellows

Jack Clayton 1980  
Hugo Ehrke 1983  
Bert Holds 1983  
Jim Milne 1985  
Jack Walker 1986  
Bill Cruickshank 1990  
Murray Norton PDG 1990  
Glen Eden PDG 1992  
Syd Harvie 1996  
Ron Heading 1998  
John Holds 2000  
Brian Moodie 2002  
Vin Higgins 2002  
John Lewis 2002  
Keith Sichler 2003  
Peter Reid 2004  
Rowley Fenwick 2005  
Keith Wilson 2008  
Perry Eden 2008  
Rob Walton 2008  
Tim Clements 2009  
Alistair Stevenson 2010

### Invocation

For good food, good fellowship,  
and every opportunity of service,  
we give you thanks O Lord. Amen

### Four Way Test

of the things we think, say or do.

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

### Attendance and Apologies

If you are unable to attend a club meeting or function, your apology can be made to Sergeant Peter Nichols by calling 0419 216 110 prior to 12 noon on the day of the meeting. Your make up of attendance is important to our Club and may be submitted 14 days before, after, or on the same day as the Club meeting.

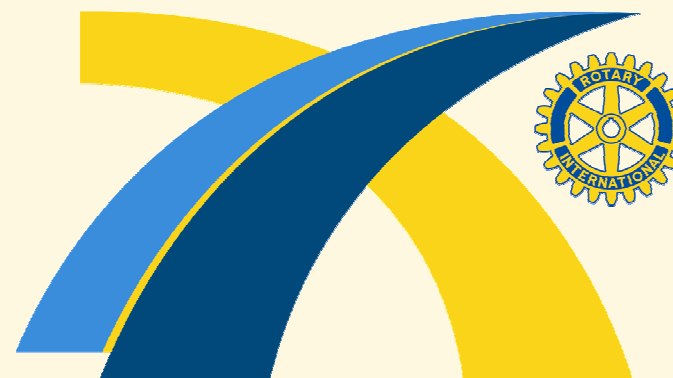
### Pavilion Hire

Hire of the Pavilion can only be made by contacting President Jack Odgers. Ph 8645 8476 or 0411 273 159

District 9500

# Rotary Club of Whyalla

Chartered 1955



**BUILDING COMMUNITIES  
BRIDGING CONTINENTS**

#### Our Meetings

**Tuesdays, 6 pm for 6:30 pm**  
**EYRE HOTEL, Playford Avenue,**  
**WHYALLA 5600**

#### Postal Address

**PO Box 269, WHYALLA 5600**

#### Email (Secretary)

**timandsue@internode.on.net**

#### Website

**www.whyalla.rotaryaust.org**

#### CLUB PRESIDENT

**Jack Odgers**

#### CLUB SECRETARY

**Tim Clements**

#### DISTRICT GOVERNOR

**Ed King**

#### WORLD PRESIDENT

**Ray Klingensmith**

# Board 2010 - 11

PRESIDENT - Jack Odgers.

IMMED. PAST PRESIDENT - Michele Hart. SECRETARY - Tim Clements.

TREASURER - Keith Sichler. CLUB SERVICE - Soto Stuppos.  
PUBLIC RELATIONS - Kerry Wishart.



## The Rotary Club of Whyalla

An association of business & professional people committed to the enjoyment of each others company in the undertaking of Humanitarian Projects.

### Other Rotary Club Meetings

**WHYALLA NORRIE** Monday 7.00 pm, Alexander Motel  
**PORT LINCOLN** Tuesday 6:30 pm, Ravensdale Sports Complex  
**PORT AUGUSTA** Wednesday 6:30 pm, Hotel Flinders  
**PORT PIRIE** Thursday 6:15 pm, Golf Club  
**ROXBY DISTRICT** 1st & 3rd Monday 6:30 pm. Call 0447 485 116 for location

## Committees & Club Officers

### CLUB SERVICE

Soto Stuppos (Director)  
Tim Clements  
Glen Eden  
John Holds  
Keith Sichler

### PUBLIC RELATIONS

Kerry Wishart (Director)  
Fai Chivell  
John Cagney  
Vin Higgins  
Jari Peltonen

### SERGEANT

Peter Nicholls

### SERVICE PROJECTS

Jane Owens (Director)  
Lyn Braid  
John Davis  
David Dunn  
Clint Garrett  
Michele Hart  
Brian Moodie  
Peter Nichols  
Soto Stuppos

### HISTORY

Vin Higgins

### BULLETIN

Brian Moodie

### LOCAL CONTACT

### DIRECTORY

Perry Eden

### PROGRAM

John Cagney

### PAVILION

Jack Odgers

### ATTENDANCE

Lyn Braid

### YOUTH/YOUTH

### PROTECTION

Clint Garrett

### VAN

Brian Moodie

Soto Stuppos

### Membership

Lyn Braid (Heavy Haulage Admin) John Cagney (Pharmacy)  
Fai Chivell (Literature Education) Tim Clements (Access Equip. Hire)  
John Davis (Disability Services) David Dunn (Corporate Services)  
Glen Eden (Insurance) Perry Eden (Metallurgy)  
Clint Garrett (Secondary Education) Michele Hart (Banking Retail)  
Vin Higgins (Dry Cleaning) John Holds (Pharmacy)  
Brian Moodie (Electrical) Peter Nichols (Laundry Services)  
Jack Odgers (Bicycle Retail) Jane Owens (Disability Services)  
Jari Peltonen (Metallurgy) Keith Sichler (Banking Retail)  
Soto Stuppos (Accountancy) Kerry Wishart (Health & Beauty)  
  
Jim Pollock (Honorary) Rosemary Hepworth (Honorary)  
Valerie Chivell (Honorary)

## Coming Up

	Next Week	Following Week
	5/10/10	12/10/10
Chairman	Vin Higgins	John Holds
GUEST SPEAKER	Ian Reschke	Steve Arndt
TOPIC	Digital TV	WEDB
Vote of Thanks	Kerry Wishart	John Cagney
Stewards	Perry & Clint	Michele & Vin

## Rotary Information

### September is New Generation Month

All Rotarians and Rotary Clubs are encouraged to prepare our New Generations (young people up to the age of thirty) by improving their life skills to ensure a better future, while recognising the diversity of their needs.

Many Rotary projects support the fundamental needs of the New Generations namely health, human values, education and self development.

The Chair of this Service programme is Yvette Read.

More information can be obtained from the District  
website [www.rotaryyouth9500.org.au](http://www.rotaryyouth9500.org.au).

## TONIGHTS PROGRAM

Meeting No. 2818  
Tuesday 28th Sep 2010

### Chairman

Michele Hart

### GUEST SPEAKER

Joint Meeting with Whyalla Norrie

### TOPIC

Rotary Information/Fun Night

### Vote of Thanks

### Stewards

David & Glen

### LAST WEEK

#### Chairman

Clinton Garrett

#### Attendance

14 + 1 make-up =80%

#### Apologies

Lyn Jari, John D. & David

#### Raffle

Raised \$54.00 and was won by John Cagney.

#### Guests

Trevor Eden, nephew of Glen

### Thought for the Week

I will only pass this way once, any good I do, let me do it now, as I will only pass this way once.

**Presidents Remarks - Jack Odgers**

Jack spoke on the 10 pin bowling challenge match on the previous Friday against the Norrie Club. Apparently they had several very good players, so in fairness, only the scores of Rotarians and their partners were counted.

The winners of the trophy will be announced next Tuesday when the Norrie members visit our Club .A good night was had by all.

**Highlights**

Glen went to the CWA hall, for a training session on mobile phone use, hopefully, they will do one on computers!

Soto advised that the Hood Sweeny organised visit of the Adelaide 36ers to the town had gone well, though it did cost several thousands of dollars to get the basketball court at the Showground up to scratch.

The 36ers beat the Wollongong team by 1 point.

**Birthdays & Anniversaries**

The Moodies were celebrating their 48th wedding anniversary on the 22nd, I did know that and during the week, it was the second anniversary of John Cagney's induction to the Club.

**REPORTS****Secretary - Tim Clements**

In reply to a request, Tim is yet unable to get an up to date copy of the Manual of Procedure, but is still trying.

He expressed disappointment at the failure of Members to turn up at the bowls night, 20 advised that they would be going, but only 7 turned up on the night

**Service Projects - Jane Owens**

Jane advised that there would be a committee meeting on the following night at David's house and that a meeting of the Local Contact committee would be held after the Club meeting.

**Sergeant - Peter Nichols**

Apparently, Tim & Sue wre fishing at Tumby Bay, They were invited to go on a boat fishing, Sue went and Tim didn't, Sue was the one who caught fish!

At the Bowls night, John H. sent a record seven bowls successive down the gutter, fortunately, Gai was playing.

Michele, as a senior CBA employee has received a large bonus.

Peter suggested that Brian's accent makes it difficult to understand at the best of times.

**GUEST SPEAKER**

Paul & Mary Holmes

Moving Towards Wellness

In Introducing Chairman Clint praised Paul and Mary for their very valuable work for the community.

Paul and Mary have run a facility at the Whyalla Hospital , called Health in Our Hands. They have been doing this for the last eight years the course is designed to assist people suffering with chronic disease and to help them self manage their condition.

Paul went to Stanford University in the US, to learn the skills of their CDSMP (Chronic Disease Self Management Program) course.

They have passed on this training to people, both professional and volunteer in South Australia and interstate.

Their courses are approved by Country Health SA.

The staff in Whyalla is all volunteer, the service operates five days a week, and they see between 2,500 and 3,000 people a year.

They act as a resource for people with chronic conditions. The course last for six weeks and teaches the patients ways to exercise ,for example with specially tailored Tai Chi.

They have expanded their services to include classes at the Presbyterian Church in Ramsey Street on a Friday.

Their website outlining their services  
t h e a d d r e s s i s  
www.inourhands.com.au

**Vote of Thanks Jane**

Rtn Jane gave the vote of thanks and with working in the Health Service explained how valuable their service was to the community.

