

## Notes

### Paul Harris Fellows

Jack Clayton 1980  
Hugo Ehrke 1983  
Bert Holds 1983  
Jim Milne 1985  
Jack Walker 1986  
Bill Cruickshank 1990  
Murray Norton PDG 1990  
Glen Eden PDG 1992  
Syd Harvie 1996  
Ron Heading 1998  
John Holds 2000  
Brian Moodie 2002  
Vin Higgins 2002  
John Lewis 2002  
Keith Sichler 2003  
Peter Reid 2004  
Rowley Fenwick 2005  
Keith Wilson 2008  
Perry Eden 2008  
Rob Walton 2008  
Tim Clements 2009  
Alistair Stevenson 2010

### Invocation

For good food, good fellowship,  
and every opportunity of service,  
we give you thanks O Lord. Amen

### Four Way Test

of the things we think, say or do.

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

### Attendance and Apologies

If you are unable to attend a club meeting or function, your apology can be made to Sergeant Peter Nichols by calling 0419 216 110 prior to 12 noon on the day of the meeting. Your make up of attendance is important to our Club and may be submitted 14 days before, after, or on the same day as the Club meeting.

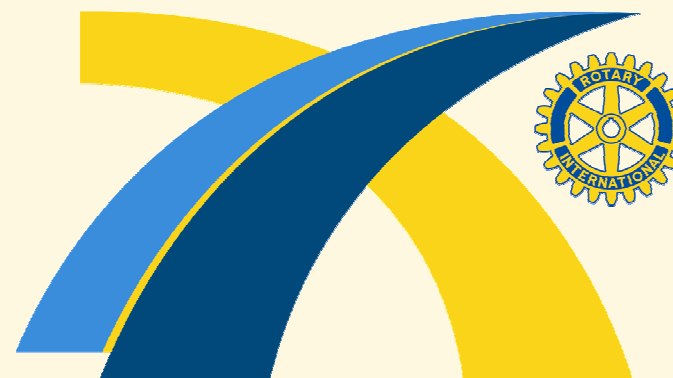
### Pavilion Hire

Hire of the Pavilion can only be made by contacting President Jack Odgers. Ph 8645 8476 or 0411 273 159

District 9500

# Rotary Club of Whyalla

Chartered 1955



**BUILDING COMMUNITIES  
BRIDGING CONTINENTS**

**CLUB PRESIDENT**  
Jack Odgers

**CLUB SECRETARY**  
Tim Clements

**DISTRICT GOVERNOR**  
Ed King

**WORLD PRESIDENT**  
Ray Klingensmith

**Our Meetings**  
Tuesdays, 6 pm for 6:30 pm  
EYRE HOTEL, Playford Avenue,  
WHYALLA 5600

**Postal Address**  
PO Box 269, WHYALLA 5600

**Email (Secretary)**  
timandsue@internode.on.net

**Website**  
www.whyalla.rotaryaust.org

# Board 2010 - 11

PRESIDENT - Jack Odgers.

IMMED. PAST PRESIDENT - Michele Hart. SECRETARY - Tim Clements.

TREASURER - Keith Sichler. CLUB SERVICE - Soto Stuppos.  
PUBLIC RELATIONS - Kerry Wishart.



## The Rotary Club of Whyalla

An association of business & professional people committed to the enjoyment of each others company in the undertaking of Humanitarian Projects.

### Other Rotary Club Meetings

**WHYALLA NORRIE** Monday 7.00 pm, Alexander Motel  
**PORT LINCOLN** Tuesday 6:30 pm, Ravensdale Sports Complex  
**PORT AUGUSTA** Wednesday 6:30 pm, Hotel Flinders  
**PORT PIRIE** Thursday 6:15 pm, Golf Club  
**ROXBY DISTRICT** 1st & 3rd Monday 6:30 pm. Call 0447 485 116 for location

## Committees & Club Officers

### CLUB SERVICE

Soto Stuppos (Director)  
Tim Clements  
Glen Eden  
John Holds  
Keith Sichler

### PUBLIC RELATIONS

Kerry Wishart (Director)  
Fai Chivell  
John Cagney  
Vin Higgins  
Jari Peltonen

### SERGEANT

Peter Nicholls

### SERVICE PROJECTS

Jane Owens (Director)  
Lyn Braid  
John Davis  
David Dunn  
Clint Garrett  
Michele Hart  
Brian Moodie  
Peter Nichols  
Soto Stuppos

### HISTORY

Vin Higgins

### BULLETIN

Brian Moodie

### LOCAL CONTACT

### DIRECTORY

Perry Eden

### PROGRAM

John Cagney

### PAVILION

Jack Odgers

### ATTENDANCE

Lyn Braid

### YOUTH/YOUTH

### PROTECTION

Clint Garrett

### VAN

Brian Moodie

Soto Stuppos

### Membership

Lyn Braid (Heavy Haulage Admin) John Cagney (Pharmacy)  
Fai Chivell (Literature Education) Tim Clements (Access Equip. Hire)  
John Davis (Disability Services) David Dunn (Corporate Services)  
Glen Eden (Insurance) Perry Eden (Metallurgy)  
Clint Garrett (Secondary Education) Michele Hart (Banking Retail)  
Vin Higgins (Dry Cleaning) John Holds (Pharmacy)  
Brian Moodie (Electrical) Peter Nichols (Laundry Services)  
Jack Odgers (Bicycle Retail) Jane Owens (Disability Services)  
Jari Peltonen (Metallurgy) Keith Sichler (Banking Retail)  
Soto Stuppos (Accountancy) Kerry Wishart (Health & Beauty)  
  
Jim Pollock (Honorary) Rosemary Hepworth (Honorary)  
Valerie Chivell (Honorary)

## Coming Up

	Next Week 1/2/11	Following Week 8/2/11
Chairman	Tim Clements	David Dunn
GUEST SPEAKER	Scott Denny	Fiona Quinn
TOPIC	My Role, My Region From Sapol	My experience with M/S
Vote of Thanks	Peter Nichols	Jane Owens
Stewards	John H. & Jane	Jack & Jari

## Rotary Information

It was very nice to see our Past President Peter Reid and his wife Martha at the Club meeting.

They have come for a visit from their home in Mexico, to visit his son Christopher and this coincided with Chris and his wife having a baby.



Peter, who has had some serious health problems in the past was looking particularly well. Peter works as a teacher teaching English as a second language.

## TONIGHTS PROGRAM

Meeting No. 2833  
Tuesday 25 JAN 2011

<b>Chairman</b>	John Cagney
<b>GUEST SPEAKER</b>	Soto Stuppos/Brian Moodie
<b>TOPIC</b>	Rotary Info./Fun Night
<b>Vote of Thanks</b>	Fai Chivell
<b>Stewards</b>	Clint & Michele

## LAST WEEK

<b>Chairman</b>	Fai Chivell
<b>Attendance</b>	15 + 1 Make up =80%
<b>Apologies</b>	Jane Owens & Clinton Garrett
<b>Raffle</b>	Raised \$74.00 and was won by Guest Caroline Jaritz
<b>Guests</b>	Caroline Jaritz, PP Peter Reid and his wife Martha.

## Thought for the Week

A person needs three things to be happy, someone to love, something to do and something to look forward to.

**Presidents Remarks** - Jack Odgers

Jack welcomed the Members and guests to the Meeting.

**Highlights**

John H. and Michele both, though separately, went to the theatre to see West Side Story.

Glen was chauffeured to Wallaroo and stayed in a top class hotel, he recommends it.

Michele had a highlight involving tomatoes, I'm not sure what we will talk about when the tomato growing season is over.

Soto is anticipating a highlight, when he goes cycling with his family near Tanunda at the weekend. This is in aid of Diabetes SA

**Birthdays & Anniversaries**

Tim and Sue were having their wedding anniversary on the following Sunday

**REPORTS****Secretary** - Tim Clements

Tim advised that all Committee meetings were due before the next Board meeting.

Tim had sent a letter of thanks to the manager of Coates Hire, for their donation of the generator for the Caravan at the City Plaza Party.

Application forms and information has been received for both Ryla and Rypen.

The Club should start looking for likely participants.

Tim spoke on the Rotary project called Shoe Boxes of Love, this is an idea for members to fill a shoe box with items to send to the victims of the Queensland floods.

In his role as Ass. Governor, Tim advised that this years District Pets will be a one day event on Saturday the 19th of February. Likely venue will be the Pavilion, still awaiting numbers.

He has recently visited Clubs in the District and he is always made very welcome, he brought back different Club Bulletins.

He also advised that both the Pt Lincoln and Pt Augusta Clubs use Friends of Rotary to host incoming Exchange Students.

We have previously done this, but Tim suggests that it may be worth looking at again.

The Pt Augusta are planning a visit to Whyalla in the near future.

Glen and Tim are going to Adelaide to attend the Dinner Meeting with the Rotary World President, Ray Klingensmith in March.

**Sergeant** - Peter Nichols

The Sergeant observed Bev pruning the Eden front garden, Glen was allegedly out the back sharpening the shears.

Soto was observed outside at work having a smoke. Not that is a surprise!!

**GUEST SPEAKER**

Jaina Patel

Sleep Apnoea

Jaina, who had recently received her registration as a Pharmacist, spoke to us on the medical condition Sleep Apnoea.

This is apparently quite a common condition in the community and can suffered by both sexes, young and old.

This condition causes sufferers can stop breathing during sleep and can have serious consequences and of course the snoring does not please partners.

Jaina played a dvd from an American company, Res Med, this demonstrated the different types of equipment, these are mostly masks which are worn in bed.

She further explained the process of diagnosis, this involves a sleep test, to determine how severe the condition is and the patient then test wears the mask on a trial basis.

Jaina answered several questions from Members.

Lyn gave the Vote of Thanks.

